



What's New in Outdoor Adventures

Updates to the Outdoor Programs

Welcome! So, What's New?

- *New Outdoor Skills Training!*
 - *Developed to help troop volunteers progress just like we have girls progress in the out of doors.*
 - *Trainings will be more accessible with online elements.*
 - *Curriculum developed by volunteer facilitators.*
- *New Programs!*
 - *Skills development progressive series*
 - *Hiking*
 - *Archery*
 - *Horseback riding*
 - *Boating*

Outdoor Skills Training Format

- We are excited for the revamp of our Outdoor Trainings in the fall of 2015. Based on feedback from our volunteers, we have moved to a progressive program, in order to help all volunteers feel comfortable and confident in taking their girls to explore the great outdoors.
- Online sessions include reading, videos, knowledge checks, and demonstrations. Feel free to complete the session at your own pace, which may be more or less than the estimated time below.

Let's Go Outside!

Course Title	What is Covered	Who Needs It	When
<i>Let's Go Outside Coming Fall 2015! This approximately 30 minute online module is the first step to prepare volunteers to take their girls outside.</i>	<i>Prepares volunteers to take girls out of their normal meeting space and into a local outdoor space for a meeting. Covers information regarding outdoor progression, paperwork, forms, and Safety Activity Checkpoints.</i>	<i>Recommended for all troop volunteers interested in taking girls outside. It is recommended prior to taking Let's Go Exploring.</i>	<i>Prior to taking Let's Go Exploring. At any time during your volunteer appointment.</i>

Let's Go Exploring!

Course Title	What is Covered	Who Needs It	When
<p><i>Let's Go Exploring Coming Fall 2015!</i> This approximately 45 minute online module is the second step to prepare volunteers to take their girls outside.</p>	<p>Prepares volunteers to take girls further into nature (hiking) and on a local overnight (sleepover, backyard). Builds upon knowledge gained in Let's Go Outside, plus furthers knowledge and understanding of <i>Safety Activity Checkpoints</i> in regards to outdoor programming.</p>	<p>Recommended for at least one adult volunteer in attendance for a hike or local overnight sleepover. It is recommended prior to Let's Go Camping.</p>	<p>Prior to taking Let's Go Camping. At least 3 weeks prior to a hike or local overnight or any other activity as specified in <i>Safety Activity Checkpoints</i>.</p>

Let's Go Camping!

Course Title	What is Covered	Who Needs It	When
<p><i>Let's Go Camping</i> (formerly <i>Outdoor Skills</i>) <i>Updated Fall 2015!</i></p> <p>This blended course (online, webinar and in person overnight) is the third step to prepare volunteers to take their girls outside or camping.</p>	<p>Prepares volunteers to safely take girls camping (tent or cabin), plus to cook outdoors with girls.</p> <p>Gives adults the opportunity to develop and experience basic camping skills needed for a successful troop camping trip.</p>	<p>Required of at least one adult volunteer in attendance for overnight camping trips.</p>	<p>At least 6 weeks prior to camping trips and any other activity as specified in <i>Safety Activity Checkpoints</i>.</p>

Let's Recertify!

Course Title	What is Covered	Who Needs It	When
<p><i>Let's Recertify Updated Fall 2015!</i></p> <p><i>This blended course (online and in person) gives volunteers the opportunity to continue taking their girls outside or camping.</i></p>	<p><i>Ensure volunteers have maintained their knowledge to safely take girls camping. Refresher course that conveys updates to Safety Activity Checkpoints and best practices in camping.</i></p>	<p><i>For the Let's Go Camping (formerly Outdoor Skills) trained adult who is 5 years out from the original training or previous recertification.</i></p>	<p><i>Prior to camping trips and any other activity as specified in Safety Activity Checkpoints.</i></p>

Let's Go Camping! – All in One

Course Title	What is Covered	Who Needs It	When
<p><i>Let's Go Camping – All in One Coming Spring 2016!</i></p> <p><i>This two night, weekend long course is everything a volunteer needs to become Outdoor Certified.</i></p>	<p><i>Combines all knowledge from Let's Go Outside, Let's Go Exploring, and Let's Go Camping.</i></p>	<p><i>Required of at least one adult volunteer in attendance for overnight camping trips.</i></p>	<p><i>At least 6 weeks prior to camping trips and any other activity as specified in <i>Safety Activity Checkpoints</i>.</i></p>

Let's Go Outside – Sample Curriculum

Minimal Impact/Leave No Trace

The goal is to leave no evidence that you were in a particular area.

1. Dispose of waste properly
 - a. If you carry it in, bring it back out
2. Leave what you find
3. Respect Wildlife
4. Be Considerate of other visitors

For more information, visit www.Int.org

Timeline

- *Now – October 14th: Develop online trainings, test by curriculum developers.*
- *October 15th: Let's Go Outside and Let's Go Exploring will be live for volunteers to take online.*
- *October 15th – December 15th: Test Let's Go Outside and Let's Recertify curriculum format with training groups.*
- *January 1st: All trainings will move to new formats.*
- *April 1st: Let's Go Camping – All in One will be live and available for sign up*

New & Classic Outdoor Programs

- Hiking Workshops
- Archery Workshops
- Horseback Riding
- Geocaching
- Boating Workshops – Canoe, Kayak, Paddleboard and Sailing
- Teen Camporees
- Troop Camping with varying levels of support
- Family Camping Weekends

Outdoor Skills Progression

- *Finding Your Way*
- *Staying Safe*
- *Outdoor Cooking*
- *Setting Camp*
- *Final weekend with competitions at Camp Mu-Sha-Ni in May for troops who attend at least 3 workshops*
- *Leaders can earn their Outdoor Skills Training by attending 4 workshops and the weekend.*



Thank You!

We appreciate everything you do for our volunteers and our girls!